

**Program of the 10th National Congress of Geriatrics and Gerontology  
with International Participation  
« Resilience and Frailty in Older People »  
18-21 October 2018**

<b>THURSDAY October 18</b>	<b>FRIDAY October 19</b>	<b>SATURDAY October 20</b>	<b>SUNDAY October 21</b>
<b>“Ana Aslan” N.I.G.G. • Head Office • HALL</b>	<b>“Ana Aslan” N.I.G.G. • Otopeni Office• HALL A</b>		
<p style="text-align: center;"><b>PLENARY SESSION</b> <b>"NEW APPROACHES IN FRAIL ELDER"</b> <b>08:30 – 11:30 – PART I</b> 08:30-10:00- Behavioural changes in elderly with neurocognitive disorders -Prof. Dr. Gabriel-Ioan Prada 10:00-11:30- Pivotal role of physical activity in frailty -Şef lucr. Dr. Anna Marie Herghelegiu <i>11:30 – 11:45 – Pause</i></p> <p><b>11:45 – 13:45 – PART II</b> 11:45-12:45- Frailty and mood disorders in the elderly -Prof. Dr. Gabriel-Ioan Prada 12:45-13:45- Syncope and associated syndromes in elderly -Şef lucr. Dr. Anna Marie Herghelegiu</p> <p style="text-align: center;"><b>COTROCENI PALACE CERCHEZ HALL</b></p> <p><b>14:00 – 15:00 - Access to the Hall Cerchez</b></p> <p style="text-align: center;"><b>15:00 Opening Ceremony</b></p> <p><b>15:00 – 15:45 Welcome speech</b> -Acad. Dr. Constantin Bălăceanu-Stolnici - SRGG Honorary President -Guest's speech</p> <p><b>15:45 – 18:00 – PLENARY SESSION</b></p>	<p style="text-align: center;"><b>08:00 – 09:00 REGISTRATION OF PARTICIPANTS</b> <b>09:00 – 11:15 – PLENARY SESSION</b> 09:00-09:25- The importance of the built environment as support in prevention of frailty of institutionalized elderly- 5 case studies - Şef lucr. Dr. Arh. Mihaela Zamfir 09:25-09:50- The hypertensive elderly with chronic kidney disease. interdisciplinary approach - Prof. Dr. Valer Donca 09:50-10:15- A relationship between motor status deficiency and recovery in elderly patients -Şef lucr. Dr. Lelia Şuşan 10:15-10:45- Frailty syndrome and immobility in elderly -Şef lucr. Dr. Lelia Şuşan 10:45-11:15- Pharmacotherapy of aging – Ana Aslan Method -Dr. Farm. Speranța Prada <i>11:15 – 11:30 – Coffee break</i></p> <p><b>11:30 – 13:30 – PLENARY SESSION</b> 11:30-12:00- Redefining sarcopenia - Prof. Dr. Ioana Dana Alexa 12:00-12:20- Malnutrition in the elderly– new diagnostics and interventional directions -Şef lucr. Dr. Adina Carmen Ilie 12:20-12:40- Vitamin B12 deficit -Prof. Dr. Gabriel-Ioan Prada 12:40-13:10- Benefits of extrafine particles</p>	<p style="text-align: center;"><b>09:00 – 11:00 – PLENARY SESSION</b> 09:00-09:20- Bio-psycho-social assessment in communicating with the elderly patient -Prof. Univ. Dr. Rodica Ghiuru 09:20-09:40- Biological markers used to identify and evaluate frailty in elderly people -CSII Dr. Cătălina Monica Pena 09:40-10:00- Secondary atherosclerosis and chronic renal disease in the elderly - Conf. Dr. Ana Capisizu 10:00-10:15- Some ethical considerations and evaluation of the abuse at the elderly persons -Conf. Dr. Ana Capisizu 10:15-10:30- Chronic kidney disease - the challenge of detection and evaluation in elderly patients -Dr. Sorina Maria Aurelian 10:30-11:00- Balance disorders in older people -Dr. Adina Petrea <i>11:00 – 11:15 – Coffee break</i></p> <p><b>11:15 – 13:45 – PLENARY SESSION</b> 11:15-11:30- Nutrition and frailty in elderly -Prof. Andreas Stuck (Elveția) -Şef lucr. Dr. Anna Marie Herghelegiu 11:30-11:50- News on chronic venous disease -Dr. Toni Feodor 11:50-12:10- Chronic subdural</p>	<p style="text-align: center;"><b>08:30 – 10:00 – PLENARY SESSION</b> 08:30-09:00- Gait abnormalities in the elderly- the neurologist point of view -Dr. Luciana Mardirosevici 09:00-09:30- Histopathology of gastric mucosa in the elderly -Dr. Crina Amalia Carazanu 09:30-10:00- The link between psychological resilience and longevity -CSII Dr. Psih. Rozeta Drăghici <i>10:00 – 10:15 – Coffee break</i></p> <p style="text-align: center;"><b>10:15 – 12:15 Communications Session GERIATRICS AND GERONTOLOGY</b></p> <p><i>12:15 – 13:00 – Lunch break</i></p> <p><b>13:00 – 15:00 – PLENARY SESSION</b> 13:00-13:40- The history of elderly care -Prof. Dr. Octavian Buda 13:40-14:20- Oral health in older people -CS II Andrei Kozma 14:20-15:00- Resilience in older people -Prof. Dr. Gabriel-Ioan Prada</p> <p style="text-align: center;"><b>15:00–15:30 Closing Ceremony</b></p>

<p>15:45-16:00- The influence of risk factors of the professional survival syndrome for the patient safety from services offered in the health system in Romania - Pilot study -Prof. Dr. Vasile Cepoi, Secretary of State, ANMCS President</p> <p>16:00-16:20- Insulin - the hormone of life. Interference between insulin discovery and the Great Union -Acad. Prof. Dr. Constantin Ionescu-Tîrgoviște</p> <p>16:20-16:40- Neuroendocrine aging in older women - Peri-menopause and Post-menopause -Prof. Dr. Cătălina Poiană</p> <p>16:40-17:00- Delirium in a geriatric ward -Prof. Mario Barbagallo (Italia)</p> <p>17:00-17:10- Gerovital H3 – new mechanisms of action of the most longevous anti-aging drug -Prof. Dr. Daniela Grădinaru</p> <p>17:10-17:20- Frailty syndrome in older people -Prof. Dr. Gabriel-Ioan Prada</p> <p>17:20- 17:30- Psychological Resilience and Active Aging -CSII Dr. Psih. Rozeta Drăghici</p> <p>17:30-18:00- Low back pain in elderly population - from theory to clinical practice -Conf. Dr. Denisa Predețeanu</p>	<p>in controlling bronchial asthma -Prof. Dr. Gabriel-Ioan Prada</p> <p>13:10-13:30- Clinical and evolutive particularities of acute coronary syndrome according to age -Dr. Mihaela Toza</p> <p><i>13:30 – 14:30 – Lunch break</i></p> <p><b>14:30 – 16:45 – PLENARY SESSION</b></p> <p>14:30-14:55- The issue of oncology therapy in the geriatric population focus on cardiovascular complications -Șef lucr. Laurențiu Stoicescu</p> <p>14:55-15:25- Chronic respiratory pathology: between guides and clinical practice -Conf. Dr. Roxana Nemeș</p> <p>15:25-15:55- Heart failure in the geriatric population -Prof. Dr. Dan Rădulescu</p> <p>15:55-16:20- How to integrate frailty in perioperative cardiac assessment? - Șef lucr. Elena Buzdugan</p> <p>16:20-16:45- Antiarrhythmic drugs in elderly patients -Dr. Alin Grosu</p> <p><i>16:45 – 17:00 – Coffee break</i></p> <p><b>17:00 – 19:00 – PLENARY SESSION</b></p> <p>17:00-17:20- Parenteral therapy in iron-deficiency anemia in older people - Dr. Doina State</p> <p>17:20-17:50- Constipation in the elderly -Prof. Dr. Dan Dumitrașcu</p> <p>17:50-18:20- NeuroCognitive Disorders and Dementia in the ICD11 Perspective -Prof. Dr. Cătălina Tudose</p> <p>18:20-18:40- Clinical and therapeutic particularities of osteoarticular degenerative diseases at elderly -Conf. Dr. Nikolaos Mavritsakis</p> <p>18:40-19:00- The social reintegration of the elderly patient under his frailty -Prof. Univ. Dr. Rodica Ghiuru</p>	<p>haematoma in elderly -Prof. Dr. Corneliu Toader</p> <p>12:10-12:30- Surgery of intracranial meningiomas in elderly -Prof. Dr. Corneliu Toader</p> <p>12:30-12:45- Presbyphonia, a disease? -Dr. Daniela Neacșu</p> <p>12:45-13:00- Identification of falling risk to elderly patient hospitalized - Dr. Anca Iuliana Pîslaru</p> <p>13:00-13:15- The relationship between human microbe and clinical nutrition in the aging process -Dr. Manole Cojocaru</p> <p>13:15-13:30- Insufficiency of involution -Prof. Dr. Aurel Romilă</p> <p>13:30-13:45- The evaluations of the side-effects of oro-dental diseases as cardiovascular risk factor -Dr. Dragoș Munteanu</p> <p><i>13:45 – 14:30 – Lunch break</i></p> <p><b>14:30 – 16:00 Communications Session</b></p> <p><i>16:00 – 16:15 – Coffee break</i></p> <p><b>16:15 – 18:00 Communications Session GERIATRIC NURSING</b></p>	
--	--	--	--

**“Ana Aslan” N.I.G.G. • Otopeni Office• HALL B**

**09:00 – 19:00**

**THE NATIONAL SYMPOSIUM OF  
GERONTOLOGY**

*“ACTIVE AGING AND  
PSYCHOLOGICAL RESILIENCE”*

09:00 – 09:15 - Official Opening

**09:15 – 11:15 – CONFERENCES I**

09:15-09:45- Attachment, beliefs and self-  
efficacy at the third age

-Prof. Univ. Cristian Vasile

09:45-10:15- Affective disorders in  
neurodegenerative diseases

-Vicepr. ARPC Psih. pr. Paula Onu

10:15-10:45- Evaluating cognitive health  
through screening in the 55+ general  
population

-Dr. Psih. Corina Răducea

10:45-11:15- Advanced technologies for  
cognitive rehabilitation

-Dr. Psih. Andreea Marin

*11:15 – 11:30 – Coffee break*

**11:30 – 13:30 – Workshop:**

**SENSE-GARDEN Project – a new  
Approach in Reminiscence Therapy**

*13:30 – 14:30 – Lunch break*

**14:30–15:30 Communications Session I:**

Interdisciplinary GerontoPsychology

**15:30 – 16:45 – CONFERENCES II**

15:30-15:55- Particularities of the suicide  
among the elderly

-Drd. Psih. Cristina Oprea

15:55-16:20- Protective factors for a  
healthy ageing

-Lect. Dr. Psih. Diana Vasile

16:20-16:45- The creative potential of the  
elderly and active aging

-Prof. Univ. Mihaela Roco

*16.45 – 17.00 – Coffee break*

**17:00–18:00 Communications Session II:**

GerontoPsychological Interventions

**18:00 – 19:00 – Round Table:**

**The place of the elderly person in the  
dynamics of the current society.**

**09:00 – 10:00**

**Communications Session**

**10:00 – 11:00**

**Round Table – EU Projects**

**Ambient Assisted Living (AAL)**

*11:00 – 11:15 – Coffee break*

**11:15 – 13:45**

**Communications Session**

**BIOLOGY OF AGING**

*13:45 – 14:30 – Lunch break*

**14:30 – 16:00**

**Communications Session**

**YOUNG GERIATRICIANS**

	<b>- Invite to debate</b>		
--	---------------------------	--	--